Just paste the below code:

function onChange(control, oldValue, newValue, isLoading, isTemplate) {

if (isLoading || newValue === '') {

return;

}

//Type appropriate comment here, and begin script below

var regex = new RegExp("[!@#$%^&\*!]");

var trainingName = newValue;

var result = regex.test(trainingName);

if(result){

alert("Damn, no special characters are allowed.");

}

}